

CR Xavier Invitational 4/23/19

Long Jump	Fouch	J Aschenbrenner	Pongo
Result	19-07	17-04	18-04
Place	3rd	13th	10th

High Jump	Te Williamson	Burtch	Larson
Result	5-10	5-08	5-02
Place	1st	6th	13th

Discus	Hamilton	Sherod	Bradford
Result	118-00	143-09	96-04.5
Place	11th	2nd	17th

Shot Put	Hamilton	Rosenow
Result	45-02.5	37-10
Place	3rd	13th

800 Medley	Rew	Roach	Allen	Shabani	Team Time	Place
	X	X	26.84	56.70	1:49.88	6th

3200m	Max	S Smith	Hall
Time	10:53.53	11:06.38	10:53.54*
Place	8th	10th	9th

4x800	Rouabhi	L Smith	Amisi	Fischer	Team Time	Place
Split	2:12.78*	2:08.78*	2:11.37*	2:05.46*	8:38.88	4th

SHR	Carter	Moore	Vogelgesang	Te Williamson	Team Time	Place
Split	15.97	17.98	15.33	15.43	1:04.73	4th

100m	Lulinda	Housson	Colon
Time	11.83	11.74	12.54
Place	5th	4th	14th

1600 Medley	Rew	Roach	Burtch	McMillan	Team Time	Place
Split	25.99	25.93	55.35	2:07.68*	3:55.28	3rd

400m	Lulinda	Fouch
Time	55.91	55.94
Place	8th	9th

4x200	Ta Williamson	Moore	Rew	Roach	Team Time	Place
Split	23.95	24.83	25.75	25.40	1:40.43	6th

110 High Hurdles	J Aschenbrenner	Carter	Te Williamson
Time	15.97	17.43	16.19
Place	3rd	9th	4th

800m	Kabat	Ostby	Shabani
Time	2:05.19*	2:07.87*	2:07.12*
Place	5th	8th	7th

200m	Pongo	Allen	Colon
Time	25.72	26.86	25.70
Place	11th	14th	10th

400 Hurdles	Carter	Vogelgesang	Larson
Time	59.70*	1:04.64	1:05.59
Place	3rd	12th	13th

1600m	Wilkes	Hassan	McElroy
Time	4:41.13*	4:47.81*	4:54.26*
Place	1st	4th	9th

4x100	Lulinda	Housson	Ta Will	Fouch	Team Time	45.89	Place	4th
-------	---------	---------	---------	-------	-----------	-------	-------	-----

4x400	Ostby	Kabat	Shabani	McMillan	Team Time	Place
Split	55.38	53.64	54.74*	55.93	3:39.91	5th

* = PR (personal record)