

Xavier Invitational - 4/23/24

Shot Put	Ford	Rindels	Etuma
Result	37-02	46-01	42-10.5
Place	17th	4th	8th

Discus	Rindels	Davis	Etuma
Result	135-09	130-02	133-09
Place	1st	7th	4th

Long Jump	Kane	Bidanis	Major
Result	18-11	19-01	18-10.5
Place	10th	8th	11th

High Jump	Kane	Bidanis
Result	5-08	5-02
Place	4th	7th

800 Medley	S. Parlet	Halter	Sanders	Palmberg	Team Time	Place
Split	X	X	25.62	53.29	1:42.05	5th

3200m	G. Karr	McDowell	Platte
Time	10:07.65	10:27.84	10:31.54
Place	2nd	5th	6th

4x800	Randall	McRoberts	Schaefer	Prottzman	Team Time	Place
Split	2:08.59	2:10.91	2:10.55	2:10.86	8:41.25	3rd

SHR	Hartwig	Whittaker	Kane	Coakley	Team Time	Place
Split	16.52	16.84	16.38	18.78	1:08.90	3rd

100m	Holmes	Long	Coakley
Time	11.78	12.43	12.53
Place	4th	12th	13th

1600 Medley	Sanders	Halter	Beerends	Noble	Team Time	Place
Split	24.50	24.57	55.75	2:14.90	4:00.14	5th

400m	Prottzman		S. Parlet	
Time	57.27		57.72	
Place	9th		10th	

4x200	Hartwig	Halter	Major	Heick	Team Time	Place
Split	25.36	24.39	25.68	23.89	1:37.97	5th

110m High Hurdles	Whittaker		Kane	
Time	18.36		17.44	
Place	9th		5th	

800m	Randall	Platte	Beerends	
Time	2:08.21	2:08.81	2:14.18	
Place	8th	9th	13th	

200m	Holmes	Long	Coakley	
Time	23.72	25.29	31.21	
Place	5th	14th	22nd	

400m Hurdles	Falk	Hartwig	Whittaker	
Time	1:03.29	1:07.34	1:09.05	
Place	7th	10th	14th	

1600m	Palmberg	McRoberts	Noble	
Time	4:38.50	4:44.20	4:44.27	
Place	3rd	6th	7th	

4x100	Holmes	Coakley	Sanders	Long	Team Time	45.43	Place	4th
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4x400	Heick	McDowell	G. Karr	McRoberts	Team Time	Place
Split	53.91	53.37	56.21	57.18	3:41.39	5th

Highlighted Name = PR (personal record)

Team Scores

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| 1. Cedar Rapids Kennedy - 180 | 6. West Branch - 39 |
| 2. Center Point-Urbana - 95 | 6. Regina Catholic - 39 |
| 3. Cedar Rapids Prairie - 78 | 8. Ottumwa - 12 |
| 4. City High - 76 | |
| 5. Xavier Catholic - 70 | |