

Wartburg Indoor - 3/8/22

Long Jump	Bzibziak	Orris
Result	14-03.50	16-05.50
Place		

Shot Put	Wainwright	Vanden Bush
Result	36-00	37-01
Place		

55m Hurdles	Kaplan	Bzibziak
Result	9.54	10.48
Finals	9.28	
Place		

55m	Turnbough	Cross
Result	7.35	7.38
Place		

3200m	Seamans	Le
Result	12:04.07	11:50.51
Place		

4x800	Sarsfield	Schoon	Bowen-Burt	Dickson	Team Time	Place
Split	2:09.90	2:25.82	2:43.63	2:28.97	9:48.64	

200m	Turnbough	Cross
Result	26.79	25.64
Place		

1600m	Marker	Degner
Result	5:15.19	5:36.23

Place		
-------	--	--

400m	Amisi	Cooper
Result	57.78	1:00.81
Place		

800m	Seamans	Le
Result	2:34.14	2:22.85
Place		

4x400	Amisi	Cooper	Schoon	Sarsfield	Team Time	Place
Split	56.34	60.68	64.23	57.43	3:59.49	

Personal Records = PRs

Season Best = SB

Great Effort last night, 16 PRs and a huge amount of experience gained! Now is the time to keep your focus and work towards getting better by working hard but smart. There are many opportunities ahead of all of you during spring break and the weeks that follow. Enjoy the RIDE!