

**Steve Roth Relays 3/21/19**

<b>High Jump</b>	Te Williamson	Harris	Larson
Result	5-10	5-02	5-00
Place	3rd	4th JV	

<b>Long Jump</b>	Jack	Pongo	Freeman
Result	19-06	16-06	16-01.5
Place	4th	6th JV	

<b>Shot Put</b>	Hamilton	Bradford	Oyarzun	Spencer	Robles	Friday	Wainwright	Holland
Result	45-04.5	38-04	35-02	31-06.5	27-01.25	34-11	30-07	30-03
Place	4th					6th F/S		

<b>Discus</b>	Hamilton	Oyarzun	Spencer	Loya	Abdallah	Friday	Wainwright	Holland
Result	127-04	102-02	78-02	83-01	76-07	102-01	70-08	56-02
Place								

<b>800 Medley</b>	Ta Williamson	Jack	Lulinda	D Brown	Team Time	Place
Split	X	X	24.83	52.51	1:44.49	5th
	Housson	Rew	Pongo	Ramirez	Team Time	Place
Split			25.86	59.97*	1:49.04	5th JV
	Schroder	Michelson	Svoboda	Spurgetis	Team Time	Place
Split			27.24	59.91	1:51.11	5th F/S

<b>3200</b>	RTW	O Jones	S Smith	McElroy
Time	10:16.47	10:40.20	10:43.30*	11:06.54*
Place	1st	3rd	2nd JV	3rd F/S

<b>4x800</b>	Kabat	Ostby	L Smith	Rouabhi	Team Time	Place
Split	2:10.74	2:11.48	2:13.78*	2:19.35	8:55.74	3rd
	McMillan	Barron	Seamans	Hassan	Team Time	Place
Split	2:13.00	2:26.56*	2:38.75*	2:19.40	9:37.72	2nd JV
	Codd	Amisi	Ashitey	Le	Team Time	Place
Split	2:21.18*	2:21.41*	2:29.83*	2:57.72*	10:12.71	4th F/S

SHR	Leopold	Harris	Moore	Te Williamson	Team Time	Place
Split	14.86	17.78	17.57	16.18	1:06.41	2nd
	Vogelgesang	Freeman	Larson	Chea	Team Time	Place
Split	16.94	20.39	19.39	20.28	1:17.06	2nd JV

100	Hefley	Housson	Roach	Roller	Burer	Krause
Time	13.58	12.19	12.87	13.90	15.87	14.95
Place						

1600 Med	Ta Wiliamson	Housson	Harris	Fischer	Team Time	Place
	25.10	25.22	55.32	2:11.95*	3:57.79	3rd

400	Seaton	Ramirez	Spurgetis	Amisi	Le
Time	55.20	1:02.73	58.78*	57.11*	1:17.81*
Place	4th				

4x200	Rew	Housson	Lulinda	Pongo	Team Time	Place
Split	27.17	24.53	23.65	25.84	1:41.64	4th
	Roach	Hefley	Wright	Hills	Team Time	Place
Split	25.43	28.56	28.88	28.81	1:51.99	5th JV
	Schroder	Michelson	Svoboda	Roller	Team Time	Place
Split	28.32	25.75	27.25	32.65	1:54.33	5th F/S

110 HH	Leopold	Moore	Vogel	Freeman
Time	16.04	18.58	18.07	21.82
Place	3rd			

800	D Brown	RTW	Barron	Hassan	S Smith	Ashitey	Beerends	Amisi
Time	2:00.94	2:09.85	2:27.83	2:17.42	2:26.93	2:38.02	2:34.11	2:26.27
Place	1st	5th	6th JV	4th JV	5th JV			

200	Hefley	Burer	Seaton	Roach	Roller	S Brown	Schroder	Krause	Hills
Time	29.13	35.55	25.48	26.27	29.19	29.58	29.45	31.04	30.70
Place			6th						

400 H	Ostby	Kabat	Moore	Freeman	Larson
Time	1:01.47	1:02.60	1:07.42	1:14.28	1:04.52
Place	4th	6th	4th JV		4th F/S

1600	O Jones	Fischer	McElroy	L Smith	Rouabhi	McMillan	Seamans	Keita
Time	4:44.86	5:18.43	5:18.45*	5:05.09*	5:22.20*	5:17.58	6:00.00*	6:55.83*
Place	1st			3rd JV	5th JV	4th JV		

4x100	Ta Will	Jack	Lulinda	Housson	Team Time	45.31	Place	2nd
	Moore	Vogelgesang	Rew	Leopold	Team Time	49.16	Place	2nd JV
	Schroder	Michelson	Svoboda	Larson	Team Time	52.15	Place	5th F/S

4x400	Seaton	Ostby	Kabat	Leopold	Team Time	Place
Split	55.81	56.34	56.95	55.66	3:45.11	5th
	RTW	Rew	McMillan	Harris	Team Time	Place
Split	56.50	62.53	56.65	54.80	3:50.91	3rd JV
	Codd	Fischer	Beerends	Seamans	Team Time	Place
Split	58.74	62.63	70.50	73.84*	4:26.11	5th F/S