

Steve Roth Relays - 3/23/23

Discus	M. Etuma	T. Rindels	R. Etuma	VandenBush	Holst	Nguyen	E. Davis	Ford	Alter
Result	110-01	116-05	99-03	100-02	81-10	95-11	105-04	97-06	83-06
Place									

Shot Put	M. Etuma	Ford	VandenBush	Cornell	Nguyen	Varo	R. Etuma	T. Rindels	E. Davis
Result	42-00.5	40-06.5	33-00	32-08.5	27-03	34-11.5	32-00	36-00	34-06.5
Place									

Long Jump	Major	Washpun	Cross	Kaplan
Result	19-10	18-03	17-04	18-05
Place	1st			

High Jump	Schaeckenbach
Result	6-00
Place	1st

800 Medley	D. Brown	M. Rew	Cross	Smith	Team Time	Place
Split	X	X			DNF	
	Clay	Kehres	Ruyle	Platte	Team Time	Place
Split	X	X	26.95	1:01.12	1:52.19	
	C. Davis	Coakley	Holmes	Williamson	Team Time	Place
Split	X	X	23.42	1:04.23	1:54.15	

3200m	Carey	Marker	Bywater	Degner	Balmer	McRoberts	Gollnick
Time	9:46.26	9:52.59	10:11.05	11:10.04	12:29.38	10:36.20	12:09.26
Place	1st	2nd					

4x800	A. Noreldaim	Noble	VanderLinden	G. Karr	Team Time	Place
Split	2:00.59	2:10.45	2:14.61	2:15.43	8:42.35	
	Leopold	Garfinkel	Locher	Eltayib	Team Time	Place
Split	2:32.14	2:29.27	2:40.00	2:56.37	10:38.03	
	Byler	M. Noreldaim	Prottzman	Leman	Team Time	Place
Split	2:17.17	2:17.28	2:25.78	2:37.23	9:37.86	

SHR	Schaeckenbach	Rindels	I. Moore	Washpun	Team Time	Place
Split	14.50	14.75	17.00	16.21	1:03.02	1st
	Kaplan	Roe	W. Karr	G. Karr	Team Time	Place
Split	16.49	16.25	23.28	20.76	1:17.29	

100m	Major	A. Wright	D. Brown	Lowe	Radley	Ruiz-Stewart	Muhlenbruch	Maass	Krause
Time	11.98	12.11	11.86	14.10	13.70	16.35	13.03	14.99	14.64
Place									

Medley	Larson	Kniss	Cross	Carey	Team Time	Place
Split	23.68	23.85	52.87	2:05.44	3:46.53	
	Fern	Jacobus	McDowell	Leopold	Team Time	Place
Split	27.64	28.72	58.50	2:34.90	4:30.18	
	C. Davis	Sanders	Clark	Edwards	Team Time	Place
Split	26.41	38.02	1:02.92	2:22.81	4:30.35	

400m	Smith	Byler	Williamson	Balmer	Radley	Dixon	Primer
Time	50.13	58.66	1:06.45	1:08.15	1:10.57	1:00.68	1:20.16
Place							

4x200	D. Brown	Holmes	Kehres	Major	Team Time	Place
Split	24.27	24.89	23.83	22.91	1:36.28	
	Clay	Cummings	Ruyle	Kaplan	Team Time	Place
Split	24.60	29.27	27.38	23.07	1:45.35	
	C. Davis	Sanders	Fern	Jacobus	Team Time	Place
Split	27.27	28.48	28.01	28.67	1:53.14	

110 High Hurdles	Schaeckenbach	A. Rindels	I. Moore	Washpun	Roe
Time	14.76	15.48	18.76	16.85	17.16
Place					

800m	Washburn	Beerends	Platte	Degner	M. Noreldaim	W. Karr	Prottzman	Primer
Time	1:56.69	2:12.64	2:17.15	2:25.06	2:18.50	2:30.97	2:27.02	3:10.51
Place	1st							

200m	Kehres	Kniss	Lowe	Ruiz-Stewart	Maass	Krause
Time	25.77	24.41	28.63	34.38	31.46	30.42
Place						

400 Hurdles	Schaeckenbach	A. Rindels	I. Moore	Washpun	Roe	G. Karr
Time	55.72	1:02.35	1:05.27	1:06.66	1:04.39	1:05.79
Place	1st					

1600m	Thompson	Noble	VanderLinden	Garfinkel	McDowell	Schaefer	Leman
Time	4:26.07	4:51.24	4:47.25	5:21.86	5:11.69	5:06.40	5:33.12
Place	1st		2nd				

4x100	D. Brown	Holmes	M. Rew	Major	Team Time	45.75	Place	
	Clay	Kehres	Coakley	A. Wright	Team Time	56.65	Place	
	C. Davis	Sanders	Muhlenbruch	London	Team Time	52.06	Place	

4x400	Smith	A. Noreldaim	Washburn	Thompson	Team Time	Place
Split	51.60	51.34	51.83	50.61	3:25.81	1st
	Cross	Larson	Bywater	Marker	Team Time	Place
Split	54.24	55.27	58.46	57.40	3:45.92	
	Ott	Schaefer	McRoberts	Dixon	Team Time	Place
Split	58.51	1:02.21	1:01.90	1:01.39	4:04.50	

Highlighted name = PR (personal record)

Drake Relays Blue Standards

Ammon Smith - 400m

Ford Washburn - 800m (broke the meet record set in 2016 by Tysen Vandraska from CR Prairie)

4x400 - Ammon Smith, Ayman Noreldaim, Ford Washburn, Truman Thompson