

## 2024 State Track & Field Championships

Thursday - 5/16/24

High Jump	Madlock	Grant
Result	6-01	6-01
Place	12th	13th

SHR (prelims)	Wasphun	Kaplan	Grant	Roe	Team Time	Place
Split	14.75	14.98	15.21	14.80	<b>1:00.15*</b>	12th

Discus	Etuma
Result	132-05
Place	22nd

4x800	<b>Palmberg</b>	Schaefer	G. Karr	McDowell	Team Time	Place
Split	2:00.80	2:08.42	2:03.90	2:06.05	8:20.17	DQ

Friday - 5/17/24

Long Jump	Washpun
Result	21-01.5
Place	12th

110 High Hurdles (prelims)	Washpun	Roe
Time	15.29	15.71
Place	11th	21st

Shot Put	Ford
Result	47-07.25
Place	19th

4x200	Holmes	Brown	Kaplan	Madlock	Team Time	Place
Split	23.18	23.11	22.38	21.88	1:31.18	21st

400 Hurdles	Kaplan
Time	56.40
Place	14th

Saturday - 5/18/24

800 Medley	Holmes	Brown	Kaplan	Madlock	Team Time	Place
Split	X	X	23.21	49.20	1:34.80	15th

\* = season best time

Highlighted name = PR (personal record)

\*800 Medley is now #9 all-time at City High

### Team Scores

- |                                 |                                |
|---------------------------------|--------------------------------|
| 1. Ankeny - 112                 | 29. Iowa City Liberty - 3      |
| 2. Cedar Falls - 86             | 30. Des Moines Roosevelt - 2   |
| 3. Dowling Catholic - 82        | 30. Cedar Rapids Jefferson - 2 |
| 4. Iowa City West - 62          | 32. Muscatine - 1              |
| 5. Cedar Rapids Kennedy - 39    |                                |
| 6. Cedar Rapids Prairie - 34    |                                |
| 7. North Scott - 31             |                                |
| 7. Ankeny Centennial - 31       |                                |
| 7. Waukee - 31                  |                                |
| 10. Norwalk - 27                |                                |
| 11. Johnston - 25               |                                |
| 12. Davenport West - 18         |                                |
| 13. Waukee NW - 17              |                                |
| 14. Southeast Polk - 14         |                                |
| 15. Pleasant Valley - 13        |                                |
| 15. West Des Moines Valley - 13 |                                |
| 17. Dubuque Senior - 12         |                                |
| 17. Urbandale - 12              |                                |
| 19. Linn Mar - 11               |                                |
| 19. Bettendorf - 11             |                                |
| 21. Dallas Center-Grimes - 9    |                                |
| 21. Sioux City North - 9        |                                |
| 23. Cedar Rapids Washington - 7 |                                |
| 24. Indianola - 6               |                                |
| 25. Burlington - 5              |                                |
| 25. Waterloo West - 5           |                                |
| 25. Dubuque Hempstead - 5       |                                |
| 28. Sioux City East - 4         |                                |