

MVC Indoor 3/13/17

Shot	Aman	Howard	Harbert s	Greazel	Vo	Oyarzun			
Result		37-06	34-10	34-06					
LJ	Waikel	Leopold		MFirm	HJ	Waikel	MFirm		
Result	17-06	15-06		16-06		5-08	5-04		
3200	Shabani	Strang	O Jones	Kraus	60m	Houssou	Runge	Fiston	Doucoure
Time	10:58.07	11:03.97	11:42.32	14:26.70		7.54	7.49	8.80	8.28
4x800	D Brown	Schumm	CTurn	Lucas	Time				
Split	2:02.98	2:12.60	2:11.56	2:11.30	8:38.51	1st			
	Rouabhi	Champlin	KTurn	Hornbuckle	Time				
Split	2:35.92	2:40.21	2:25.18	2:41.56	10:22.68				
SHR	RMoore	Carter	Leopold	Waikel	Time	60 HH	Kimber	Leopold	
Split	9.41	9.60	9.63	9.92	38.79	Time		9.25	
400	RMoore	MFirm	Carter	Sherod					
Time	56.10	59.39	61.57	62.02					
1600	Lucas	JoMom	Lie	NCochran	Seamans	Smith	KTurn		
Time	4:58.23	5:21.27	5:33.71	5:04.61	6:30.45	5:45.83	5:21.89		
200	Houssou		MFirm	Rew	Fiston	Sherod	Doucoure		
Time	26.30		26.47	28.21	27.97	26.28	NT		
Medley	Runge	RMoore	Shabani	Strang	Time	800	CTurn		
Split	25.96	26.50	57.64	2:20.71	4:10.85	Time	2:10.94		
	Leopold	Waikel	Carter	O Jones	Time				
Split	27.77	26.68	65.24	2:29.73	4:29.27				
600	D Brown	Schumm	Rew	Kraus					
Time	1:30.21	1:31.94	1:55.01	1:54.95					
4x400	RMoore	Lucas	JoMom	NCochran	Time				
Split	61.43	62.88	62.23	62.95	4:09.43				

	Shabani	Rouabhi	Champlin	Hornbuckle	Time				
Split	58.73	72.39	69.27	70.58	4:31.52				
	Lie	Seamans	Smith	KTurn	Time				
Split	65.19	83.71	69.35	63.38	4:41.60				

Congratulations on a successful MVC Indoor meet. The coaching staff saw a lot of positives from tonight, especially the competitiveness of this team. Keep working hard and continue to learn about your event areas. The season is young, and great things can happen!