



Mississippi Valley Conference

Men's Indoor Meet

UNI-Dome, Cedar Falls, Iowa
March 13, 2016

3200 Meter Run

Place	Name	School	Time	Division
1.	Adam Mueller	Dubuque Hempstead	10:11.12	Valley
2.	Addison Kalb	Dubuque Hempstead	10:23.15	Valley
3.	Caleb Burjes	Cedar Falls	10:25.57	Valley
4.	Andrew Murley	Iowa City West	10:28.96	Mississippi
5.	John Pape	Cedar Rapids Xavier	10:41.69	Mississippi
6.	Wes Brimeyer	Dubuque Senior	10:42.01	Valley
7.	Brandon Conrad	Cedar Falls	10:47.19	Valley
8.	Ethan Goers	Iowa City West	10:53.28	Mississippi
9.	Brett Tigges	Dubuque Hempstead	10:56.70	Valley
10.	Shabani	Iowa City High	10:58.07	Valley
11.	Cadin Evans	Linn-Mar	10:58.46	Mississippi
12.	Clayton Streed	Waterloo West	10:58.97	Mississippi
13.	Will Conrad	Iowa City West	11:03.53	Mississippi
14.	Strang	Iowa City High	11:03.97	Valley
15.	Cooper Sanen	Linn-Mar	11:22.10	Mississippi
16.	James Orr	Linn-Mar	11:32.42	Mississippi
17.	Dawson Gibbons	Cedar Rapids Kennedy	11:34.01	Valley
18.	Luke Simcox	Dubuque Wahlert	11:41.39	Mississippi
19.	Jones	Iowa City High	11:42.32	Valley
20.	Bailey Voss	Cedar Rapids Kennedy	11:58.44	Valley
21.	Bailey Reiseck	Cedar Rapids Prairie	12:24.56	Valley
22.	Carson Frazee	Cedar Rapids Prairie	13:12.41	Valley
23.	Andrew Newton	Waterloo West	13:15.16	Mississippi
		Cedar Falls	No entries	Valley
		Cedar Rapids Jefferson	No entries	Mississippi
		Cedar Rapids Jefferson	No entries	Mississippi
		Cedar Rapids Jefferson	No entries	Mississippi
		Cedar Rapids Kennedy	No entries	Valley
		Cedar Rapids Prairie	No entries	Valley
		Cedar Rapids Washington	No entries	Valley
		Cedar Rapids Washington	No entries	Valley
		Cedar Rapids Washington	No entries	Valley
		Cedar Rapids Washington	No entries	Valley
		Cedar Rapids Xavier	No entries	Mississippi
		Cedar Rapids Xavier	No entries	Mississippi
		Dubuque Senior	No entries	Valley
		Dubuque Senior	No entries	Valley
		Dubuque Wahlert	No entries	Mississippi
		Dubuque Wahlert	No entries	Mississippi
		Waterloo East	No entries	Mississippi
		Waterloo East	No entries	Mississippi
		Waterloo East	No entries	Mississippi
		Waterloo West	No entries	Mississippi



Mississippi Valley Conference

Men's Indoor Meet

UNI-Dome, Cedar Falls, Iowa

March 13, 2016

4 x 800 Meter Relay

Place	Name	School	Time	Division
1.	A Team	Iowa City High	8:38.51	Valley
2.	A Team	Iowa City West	8:52.44	Mississippi
3.	Team A	Cedar Rapids Prairie	8:52.47	Valley
4.	A Team	Dubuque Hempstead	9:10.38	Valley
5.	A Team	Cedar Falls	9:13.85	Valley
6.	A Team	Dubuque Senior	9:13.95	Valley
7.	A Team	Cedar Rapids Kennedy	9:36.71	Valley
8.	B Team	Iowa City West	9:49.08	Mississippi
9.	Team B	Cedar Rapids Prairie	10:00.07	Valley
10.	A Team	Linn-Mar	10:02.56	Mississippi
11.	A Team	Waterloo West	10:08.41	Mississippi
12.	A Team	Waterloo East	10:22.08	Mississippi
13.	B Team	Iowa City High	10:22.68	Valley
14.	B Team	Dubuque Hempstead	10:54.19	Valley
15.	B Team	Dubuque Senior	10:58.35	Valley
		Cedar Falls	No entries	Valley
		Cedar Falls	No entries	Valley
		Cedar Rapids Jefferson	No entries	Mississippi
		Cedar Rapids Jefferson	No entries	Mississippi
		Cedar Rapids Jefferson	No entries	Mississippi
		Cedar Rapids Kennedy	No entries	Valley
		Cedar Rapids Kennedy	No entries	Valley
		Cedar Rapids Prairie	No entries	Valley
		Cedar Rapids Washington	No entries	Valley
		Cedar Rapids Washington	No entries	Valley
		Cedar Rapids Washington	No entries	Valley
		Cedar Rapids Xavier	No entries	Mississippi
		Cedar Rapids Xavier	No entries	Mississippi
		Cedar Rapids Xavier	No entries	Mississippi
		Dubuque Hempstead	No entries	Valley
		Dubuque Senior	No entries	Valley
		Dubuque Wahlert	No entries	Mississippi
		Dubuque Wahlert	No entries	Mississippi
		Dubuque Wahlert	No entries	Mississippi
		Iowa City High	No entries	Valley
		Iowa City West	No entries	Mississippi
		Linn-Mar	No entries	Mississippi
		Linn-Mar	No entries	Mississippi
		Waterloo East	No entries	Mississippi
		Waterloo East	No entries	Mississippi
		Waterloo West	No entries	Mississippi
		Waterloo West	No entries	Mississippi



Mississippi Valley Conference

Men's Indoor Meet

UNI-Dome, Cedar Falls, Iowa

March 13, 2016

Shuttle Hurdle Relay

Place	Name	School	Time	Division
1.	A Team	Cedar Rapids Prairie	35.90	Valley
2.	A Team	Dubuque Wahlert	37.28	Mississippi
3.	A Team	Dubuque Hempstead	37.76	Valley
4.	A Team	Cedar Falls	38.69	Valley
5.	A Team	Cedar Rapids Kennedy	38.78	Valley
6.	A Team	Iowa City High	38.79	Valley
7.	A Team	Dubuque Senior	39.44	Valley
8.	A Team	Iowa City West	39.53	Mississippi
9.	B Team	Cedar Rapids Prairie	41.23	Valley
10.	A Team	Waterloo West	43.84	Mississippi
11.	A Team	Waterloo East	47.20	Mississippi
12.	A Team	Linn-Mar	DQ	Mississippi
		Cedar Falls	No entries	Valley
		Cedar Falls	No entries	Valley
		Cedar Rapids Jefferson	No entries	Mississippi
		Cedar Rapids Jefferson	No entries	Mississippi
		Cedar Rapids Jefferson	No entries	Mississippi
		Cedar Rapids Kennedy	No entries	Valley
		Cedar Rapids Kennedy	No entries	Valley
		Cedar Rapids Prairie	No entries	Valley
		Cedar Rapids Washington	No entries	Valley
		Cedar Rapids Washington	No entries	Valley
		Cedar Rapids Washington	No entries	Valley
		Cedar Rapids Xavier	No entries	Mississippi
		Cedar Rapids Xavier	No entries	Mississippi
		Cedar Rapids Xavier	No entries	Mississippi
		Dubuque Hempstead	No entries	Valley
		Dubuque Hempstead	No entries	Valley
		Dubuque Senior	No entries	Valley
		Dubuque Senior	No entries	Valley
		Dubuque Wahlert	No entries	Mississippi
		Dubuque Wahlert	No entries	Mississippi
		Iowa City High	No entries	Valley
		Iowa City High	No entries	Valley
		Iowa City West	No entries	Mississippi
		Iowa City West	No entries	Mississippi
		Linn-Mar	No entries	Mississippi
		Linn-Mar	No entries	Mississippi
		Waterloo East	No entries	Mississippi
		Waterloo East	No entries	Mississippi
		Waterloo West	No entries	Mississippi
		Waterloo West	No entries	Mississippi



Mississippi Valley Conference

Men's Indoor Meet

UNI-Dome, Cedar Falls, Iowa

March 13, 2016

60 Meter Dash

Place	Name	School	Time	Division
1.	Alden Kuntz	Dubuque Wahlert	6.88	Mississippi
2.	Matt Timmer	Cedar Falls	6.89	Valley
3.	Cairon Hendred	Cedar Rapids Kennedy	7.00	Valley
4.	Brayden Wright	Cedar Rapids Washington	7.01	Valley
4.	Carlton Todd	Waterloo West	7.01	Mississippi
6.	Nolan Cavanaugh	Cedar Rapids Washington	7.12	Valley
6.	Dylan Kutsch	Dubuque Hempstead	7.12	Valley
8.	Leggins	Cedar Rapids Jefferson	7.14	Mississippi
9.	Blake Jones	Cedar Rapids Kennedy	7.15	Valley
10.	Ligon	Cedar Rapids Jefferson	7.19	Mississippi
11.	Jaron Lathrop	Cedar Rapids Prairie	7.24	Valley
12.	Levi Lenims	Waterloo West	7.26	Mississippi
13.	Anthony Pearson	Cedar Rapids Prairie	7.27	Valley
14.	Hall	Cedar Rapids Jefferson	7.34	Mississippi
15.	Aaron Larson	Cedar Rapids Xavier	7.35	Mississippi
16.	Jakey Penrith	Cedar Falls	7.37	Valley
17.	Rory Larson	Dubuque Senior	7.40	Valley
18.	Cade Ealy	Linn-Mar	7.45	Mississippi
19.	Zac Pakingham	Cedar Rapids Kennedy	7.46	Valley
20.	Sam Gary	Cedar Falls	7.48	Valley
21.	Runge	Iowa City High	7.49	Valley
22.	Cole Goerd	Cedar Rapids Xavier	7.50	Mississippi
22.	Harrison Eighmly	Waterloo West	7.50	Mississippi
24.	Noah Gerken	Dubuque Senior	7.53	Valley
25.	Houssou	Iowa City High	7.54	Valley
26.	Thomas Hilkin	Dubuque Hempstead	7.55	Valley
27.	Jaxon Collins-Brandt	Linn-Mar	7.58	Mississippi
28.	Trevor Allen	Dubuque Hempstead	7.59	Valley
28.	Lucas Smith	Linn-Mar	7.59	Mississippi
30.	Dylan Miene	Iowa City West	7.62	Mississippi
31.	Zach Warden	Dubuque Wahlert	7.67	Mississippi
32.	Shermar Banks	Cedar Rapids Prairie	7.70	Valley
32.	Blake Martin	Cedar Rapids Washington	7.70	Valley
34.	Kelan Dickson	Dubuque Wahlert	7.76	Mississippi
35.	Andrew Lamkins	Iowa City West	7.84	Mississippi
36.	T. Williams	Waterloo East	7.98	Mississippi
37.	Davonte Levy	Iowa City West	8.09	Mississippi
38.	Nick Mazzella	Cedar Rapids Xavier	8.10	Mississippi
39.	Max Gourcey	Dubuque Senior	8.14	Valley
40.	Doucowie	Iowa City High	8.28	Valley
41.	C. Culp	Waterloo East	8.40	Mississippi
42.	D. Lowery	Waterloo East	10.60	Mississippi



Mississippi Valley Conference

Men's Indoor Meet

UNI-Dome, Cedar Falls, Iowa

March 13, 2016

400 Meter Dash

Place	Name	School	Time	Division
1.	Maliek Vance	Cedar Rapids Washington	53.77	Valley
2.	Angelo Romagna	Dubuque Senior	54.08	Valley
3.	Brayden Wright	Cedar Rapids Washington	54.53	Valley
4.	Dalton Closson	Cedar Falls	54.83	Valley
5.	Mick Stephenson	Dubuque Hempstead	55.03	Valley
6.	Moore	Iowa City High	56.10	Valley
7.	A. Muhammad	Waterloo East	56.32	Mississippi
8.	Will Stecker	Cedar Rapids Kennedy	57.09	Valley
9.	Sam Harrison	Cedar Rapids Kennedy	57.17	Valley
10.	Andres Frambach	Dubuque Hempstead	57.56	Valley
11.	Makhi Harris	Cedar Rapids Kennedy	57.59	Valley
12.	Ethan Harthun	Linn-Mar	57.59	Mississippi
13.	Thomas Corbett	Cedar Rapids Washington	57.63	Valley
14.	Tim Thompson	Cedar Falls	57.93	Valley
15.	Osman Salama	Iowa City West	58.17	Mississippi
16.	Joe Sheston	Dubuque Senior	58.70	Valley
17.	Niyogushima	Cedar Rapids Jefferson	58.89	Mississippi
18.	Firmstone	Iowa City High	59.39	Valley
19.	Luke Gillett	Cedar Falls	59.41	Valley
20.	Keegan Clark	Cedar Rapids Prairie	60.26	Valley
21.	Nick Beversdorf	Dubuque Senior	60.50	Valley
22.	Curtis Landry	Linn-Mar	60.98	Mississippi
23.	Deyton Love	Waterloo West	61.06	Mississippi
24.	Jayce Smith	Cedar Rapids Prairie	61.14	Valley
25.	Carter	Iowa City High	61.57	Valley
26.	Daniel Ostrander	Dubuque Hempstead	62.14	Valley
27.	Andre Brandon	Iowa City West	62.44	Mississippi
28.	Royce Jamayo	Cedar Rapids Prairie	63.16	Valley
29.	Adnan Rizvanovie	Waterloo West	63.27	Mississippi
30.	Jacob Tipton	Cedar Rapids Xavier	63.38	Mississippi
31.	Colby Roskup	Linn-Mar	64.47	Mississippi
32.	Catlin	Cedar Rapids Jefferson	67.84	Mississippi
33.	Nirangibagria	Cedar Rapids Jefferson	69.24	Mississippi
		Cedar Rapids Xavier	No entries	Mississippi
		Cedar Rapids Xavier	No entries	Mississippi
		Dubuque Wahlert	No entries	Mississippi
		Dubuque Wahlert	No entries	Mississippi
		Dubuque Wahlert	No entries	Mississippi
		Iowa City West	No entries	Mississippi
		Waterloo East	No entries	Mississippi
		Waterloo East	No entries	Mississippi
		Waterloo West	No entries	Mississippi



Mississippi Valley Conference

Men's Indoor Meet

UNI-Dome, Cedar Falls, Iowa

March 13, 2016

4 x 200 Meter Relay

Place	Name	School	Time	Division
1.	A Team	Cedar Rapids Prairie	1:35.78	Valley
2.	A Team	Dubuque Hempstead	1:36.60	Valley
3.	A Team	Waterloo East	1:36.72	Mississippi
4.	A Team	Cedar Rapids Jefferson	1:38.22	Mississippi
5.	A Team	Cedar Rapids Xavier	1:38.97	Mississippi
6.	A Team	Cedar Falls	1:39.10	Valley
7.	A Team	Dubuque Senior	1:39.27	Valley
8.	A Team	Linn-Mar	1:40.40	Mississippi
9.	B Team	Cedar Rapids Prairie	1:40.44	Valley
10.	A Team	Iowa City West	1:40.65	Mississippi
11.	A Team	Cedar Rapids Kennedy	1:41.70	Valley
12.	B Team	Dubuque Hempstead	1:43.04	Valley
13.	B Team	Iowa City West	1:43.66	Mississippi
14.	A Team	Dubuque Wahlert	1:45.05	Mississippi
15.	A Team	Cedar Rapids Washington	1:46.02	Valley
16.	B Team	Cedar Rapids Kennedy	1:46.26	Valley
17.	B Team	Linn-Mar	1:46.61	Mississippi
18.	B Team	Dubuque Senior	1:46.90	Valley
19.	B Team	Cedar Rapids Washington	1:48.94	Valley
20.	B Team	Dubuque Wahlert	1:49.52	Mississippi
21.	A Team	Waterloo West	1:49.89	Mississippi
		Cedar Falls	No entries	Valley
		Cedar Falls	No entries	Valley
		Cedar Rapids Jefferson	No entries	Mississippi
		Cedar Rapids Jefferson	No entries	Mississippi
		Cedar Rapids Kennedy	No entries	Valley
		Cedar Rapids Prairie	No entries	Valley
		Cedar Rapids Washington	No entries	Valley
		Cedar Rapids Xavier	No entries	Mississippi
		Cedar Rapids Xavier	No entries	Mississippi
		Dubuque Hempstead	No entries	Valley
		Dubuque Senior	No entries	Valley
		Dubuque Wahlert	No entries	Mississippi
		Iowa City High	No entries	Valley
		Iowa City High	No entries	Valley
		Iowa City High	No entries	Valley
		Iowa City West	No entries	Mississippi
		Linn-Mar	No entries	Mississippi
		Waterloo East	No entries	Mississippi
		Waterloo East	No entries	Mississippi
		Waterloo West	No entries	Mississippi
		Waterloo West	No entries	Mississippi



Mississippi Valley Conference

Men's Indoor Meet

UNI-Dome, Cedar Falls, Iowa

March 13, 2016

1600 Meter Run

Place	Name	School	Time	Division
1.	Lewis Kleman	Cedar Rapids Washington	4:41.86	Valley
2.	Max Laue	Cedar Rapids Prairie	4:43.06	Valley
3.	Ben Hermiston	Dubuque Hempstead	4:46.53	Valley
4.	Elijah Vlasek	Cedar Rapids Prairie	4:48.56	Valley
5.	Max Locher	Cedar Rapids Washington	4:48.59	Valley
6.	Caleb Kleman	Cedar Rapids Washington	4:52.07	Valley
7.	Colton LaGrange	Cedar Rapids Prairie	4:54.46	Valley
8.	L. Middlekauf	Cedar Rapids Kennedy	4:57.19	Valley
9.	Joe Scieszinski	Cedar Rapids Xavier	4:57.22	Mississippi
10.	Aiden Mccombs	Dubuque Hempstead	4:57.91	Valley
11.	Lucas	Iowa City High	4:58.23	Valley
12.	Ethan Goers	Iowa City West	5:02.39	Mississippi
13.	Jack Renning	Cedar Rapids Xavier	5:02.73	Mississippi
14.	Evan Wille	Dubuque Senior	5:02.76	Valley
15.	Andrew Murley	Iowa City West	5:03.69	Mississippi
16.	J. Ciabatti	Cedar Rapids Kennedy	5:04.45	Valley
17.	Cochran	Iowa City High	5:04.61	Valley
18.	Isaac Miller	Iowa City West	5:05.96	Mississippi
19.	M. Haud	Cedar Rapids Kennedy	5:07.21	Valley
20.	Dalton Zenner	Dubuque Senior	5:08.84	Valley
21.	Jacob Hocking	Dubuque Wahlert	5:09.67	Mississippi
22.	Matt Schatz	Dubuque Hempstead	5:10.05	Valley
23.	Hollis Wilson	Cedar Falls	5:12.42	Valley
24.	George Barton	Dubuque Wahlert	5:15.19	Mississippi
25.	Blake Boeckman	Waterloo East	5:19.99	Mississippi
26.	Lance Hickson	Linn-Mar	5:20.18	Mississippi
27.	Luke Schaefer	Dubuque Wahlert	5:20.39	Mississippi
28.	John Momberg	Iowa City High	5:21.27	Valley
29.	Gracen Kincaid	Dubuque Senior	5:21.40	Valley
30.	Scott McFadden	Waterloo West	5:25.95	Mississippi
31.	James Orr	Linn-Mar	5:28.90	Mississippi
32.	Jake Kraemer	Linn-Mar	5:31.94	Mississippi
33.	Collin Musicle	Cedar Rapids Xavier	5:39.10	Mississippi
34.	M. Evans	Waterloo East	5:40.44	Mississippi
35.	Ryan Dunlop	Cedar Falls	5:40.85	Valley
		Cedar Falls	No entries	Valley
		Cedar Rapids Jefferson	No entries	Mississippi
		Cedar Rapids Jefferson	No entries	Mississippi
		Cedar Rapids Jefferson	No entries	Mississippi
		Waterloo East	No entries	Mississippi
		Waterloo West	No entries	Mississippi
		Waterloo West	No entries	Mississippi



Mississippi Valley Conference

Men's Indoor Meet

UNI-Dome, Cedar Falls, Iowa

March 13, 2016

60 Meter Hurdles

Place	Name	School	Time	Division
1.	Joah Banks	Cedar Rapids Prairie	7.81	Valley
2.	Ryan Rogers	Dubuque Wahlert	8.25	Mississippi
3.	Trent Davis	Linn-Mar	8.67	Mississippi
4.	Bokoyo	Cedar Rapids Jefferson	8.84	Mississippi
5.	Chavi Parks	Cedar Rapids Prairie	8.89	Valley
6.	Carter Newton	Cedar Falls	9.05	Valley
7.	Alex Keating	Dubuque Hempstead	9.18	Valley
8.	Leopold	Iowa City High	9.25	Valley
9.	Caleb Fuller	Cedar Rapids Prairie	9.40	Valley
10.	Dominick Goecken	Cedar Falls	9.44	Valley
11.	Drake Woody	Iowa City West	9.63	Mississippi
12.	Cal Gukeisen	Dubuque Senior	9.64	Valley
13.	M. Knox	Cedar Rapids Kennedy	9.87	Valley
14.	D. Schmidt	Waterloo East	9.99	Mississippi
15.	Jack McFadden	Cedar Falls	10.08	Valley
16.	Andres Frombach	Dubuque Hempstead	10.28	Valley
17.	Aaron Larson	Cedar Rapids Xavier	10.35	Mississippi
18.	Daniel Ostrander	Dubuque Hempstead	10.36	Valley
19.	J. Razor	Cedar Rapids Kennedy	10.44	Valley
20.	Blake Esiur	Linn-Mar	10.45	Mississippi
21.	Z. Dale	Waterloo East	10.65	Mississippi
22.	Carson Hennings	Cedar Rapids Xavier	11.09	Mississippi
23.	Vawler	Cedar Rapids Jefferson	11.22	Mississippi
24.	T. Owens	Waterloo East	11.25	Mississippi
		Cedar Rapids Jefferson	No entries	Mississippi
		Cedar Rapids Kennedy	No entries	Valley
		Cedar Rapids Washington	No entries	Valley
		Cedar Rapids Washington	No entries	Valley
		Cedar Rapids Washington	No entries	Valley
		Cedar Rapids Xavier	No entries	Mississippi
		Dubuque Senior	No entries	Valley
		Dubuque Senior	No entries	Valley
		Dubuque Wahlert	No entries	Mississippi
		Dubuque Wahlert	No entries	Mississippi
		Iowa City High	No entries	Valley
		Iowa City High	No entries	Valley
		Iowa City West	No entries	Mississippi
		Iowa City West	No entries	Mississippi
		Linn-Mar	No entries	Mississippi
		Waterloo West	No entries	Mississippi
		Waterloo West	No entries	Mississippi
		Waterloo West	No entries	Mississippi



Mississippi Valley Conference

Men's Indoor Meet

UNI-Dome, Cedar Falls, Iowa

March 13, 2016

200 Meter Dash

Place	Name	School	Time	Division
1.	Carlton Todd	Waterloo West	22.96	Mississippi
2.	Brayden Wright	Cedar Rapids Washington	23.41	Valley
3.	Blake Jones	Cedar Rapids Kennedy	23.61	Valley
4.	Justin Kloubec	Cedar Rapids Prairie	23.75	Valley
5.	T.J. Johnson	Cedar Rapids Prairie	23.76	Valley
6.	Zach Packingham	Cedar Rapids Kennedy	23.80	Valley
7.	Angelo Romagna	Dubuque Senior	23.83	Valley
8.	Chris Eagan	Cedar Falls	23.98	Valley
9.	Maliek Vance	Cedar Rapids Washington	24.01	Valley
10.	T. Reed	Waterloo East	24.21	Mississippi
11.	Cole Goerdts	Cedar Rapids Xavier	24.25	Mississippi
12.	K. Robinson	Waterloo East	24.37	Mississippi
13.	D. Ford	Waterloo East	24.57	Mississippi
14.	Cairon Hendred	Cedar Rapids Kennedy	24.61	Valley
14.	Gavin Haugen	Cedar Rapids Prairie	24.61	Valley
16.	Levi Lenius	Waterloo West	24.80	Mississippi
17.	Jakey Penrith	Cedar Falls	24.81	Valley
18.	Harrison Eighmey	Waterloo West	24.90	Mississippi
19.	Ligon	Cedar Rapids Jefferson	24.91	Mississippi
20.	Danny McDermott	Dubuque Wahlert	24.95	Mississippi
21.	Caden Fedeler	Iowa City West	24.97	Mississippi
22.	Jared Sams-Merriwether	Iowa City West	25.02	Mississippi
23.	Thomas Hilken	Dubuque Hempstead	25.14	Valley
24.	John Rocca	Cedar Rapids Xavier	25.15	Mississippi
25.	Thompson	Cedar Rapids Jefferson	25.18	Mississippi
26.	Sam Gary	Cedar Falls	25.30	Valley
27.	Orin Canto, Kaleb Williams	Iowa City West	25.31	Mississippi
28.	Kuennen	Cedar Rapids Jefferson	25.69	Mississippi
28.	Trent Roling	Linn-Mar	25.69	Mississippi
30.	Mike Behnke	Dubuque Hempstead	25.73	Valley
31.	Brennen Becker	Dubuque Senior	25.75	Valley
32.	Brady Freiburger	Dubuque Hempstead	25.78	Valley
33.	Carter Bell	Cedar Rapids Washington	25.89	Valley
34.	Chaz Hancock	Dubuque Senior	26.13	Valley
35.	Sherod	Iowa City High	26.28	Valley
36.	Kelan Dickson	Dubuque Wahlert	26.40	Mississippi
36.	Houssou	Iowa City High	26.40	Valley
38.	Max Firmstone	Iowa City High	26.47	Valley
39.	Kolton Bartow	Dubuque Wahlert	26.54	Mississippi
40.	Jaxon Collins-Brandt	Linn-Mar	26.69	Mississippi
41.	Derek Bendixen	Linn-Mar	26.80	Mississippi
42.	Nick Mazzalla	Cedar Rapids Xavier	27.22	Mississippi



Mississippi Valley Conference

Men's Indoor Meet

UNI-Dome, Cedar Falls, Iowa

March 13, 2016

Medley Relay

Place	Name	School	Time	Division
1.	A Team	Dubuque Wahlert	3:50.86	Mississippi
2.	A Team	Dubuque Senior	3:55.78	Valley
3.	A Team	Cedar Rapids Jefferson	3:58.85	Mississippi
4.	A Team	Dubuque Hempstead	4:04.85	Valley
5.	A Team	Cedar Falls	4:10.44	Valley
6.	A Team	Iowa City High	4:10.85	Valley
7.	A Team	Iowa City West	4:11.90	Mississippi
8.	A Team	Cedar Rapids Prairie	4:11.91	Valley
9.	B Team	Cedar Rapids Jefferson	4:13.11	Mississippi
10.	A Team	Linn-Mar	4:15.00	Mississippi
11.	B Team	Dubuque Senior	4:16.38	Valley
12.	B Team	Iowa City West	4:17.82	Mississippi
13.	B Team	Dubuque Hempstead	4:19.66	Valley
14.	B Team	Cedar Rapids Prairie	4:26.09	Valley
15.	B Team	Iowa City High	4:29.27	Valley
16.	A Team	Cedar Rapids Kennedy	4:31.86	Valley
17.	B Team	Linn-Mar	4:32.93	Mississippi
18.	A Team	Waterloo East	4:46.81	Mississippi
19.	B Team	Cedar Rapids Kennedy	4:48.57	Valley
		Cedar Falls	No entries	Valley
		Cedar Falls	No entries	Valley
		Cedar Rapids Jefferson	No entries	Mississippi
		Cedar Rapids Kennedy	No entries	Valley
		Cedar Rapids Prairie	No entries	Valley
		Cedar Rapids Washington	No entries	Valley
		Cedar Rapids Washington	No entries	Valley
		Cedar Rapids Washington	No entries	Valley
		Cedar Rapids Xavier	No entries	Mississippi
		Cedar Rapids Xavier	No entries	Mississippi
		Cedar Rapids Xavier	No entries	Mississippi
		Dubuque Hempstead	No entries	Valley
		Dubuque Senior	No entries	Valley
		Dubuque Wahlert	No entries	Mississippi
		Dubuque Wahlert	No entries	Mississippi
		Iowa City High	No entries	Valley
		Iowa City West	No entries	Mississippi
		Linn-Mar	No entries	Mississippi
		Waterloo East	No entries	Mississippi
		Waterloo East	No entries	Mississippi
		Waterloo West	No entries	Mississippi
		Waterloo West	No entries	Mississippi
		Waterloo West	No entries	Mississippi



Mississippi Valley Conference

Men's Indoor Meet

UNI-Dome, Cedar Falls, Iowa

March 13, 2016

800 Meter Run

Place	Name	School	Time	Division
1.	Max Locher	Cedar Rapids Washington	2:08.26	Valley
2.	Louis Kleman	Cedar Rapids Washington	2:09.12	Valley
3.	Caden Turnbough	Iowa City High	2:10.94	Valley
4.	Spencer Odekilk	Waterloo West	2:11.60	Mississippi
5.	Yousif Salama	Iowa City West	2:12.45	Mississippi
6.	Joe Sceinszinski	Cedar Rapids Xavier	2:13.22	Mississippi
7.	Joey Schultz	Dubuque Hempstead	2:13.81	Valley
8.	Andrew Rompot	Iowa City West	2:21.92	Mississippi
9.	Isaac Miller	Iowa City West	2:21.93	Mississippi
10.	Cadin Evans	Linn-Mar	2:25.55	Mississippi
11.	Grant Schnoebelen	Cedar Rapids Xavier	2:27.88	Mississippi
12.	Chase Stauts	Cedar Falls	2:32.57	Valley
13.	Bailey Reiseck	Cedar Rapids Prairie	2:36.79	Valley
14.	Logan Nelson	Waterloo West	2:37.28	Mississippi
15.	Matt McGuire	Dubuque Wahlert	2:38.47	Mississippi
16.	Brock Lyman	Cedar Falls	2:43.54	Valley
17.	Carson Frazee	Cedar Rapids Prairie	2:46.90	Valley
18.	Jason Reichel	Dubuque Senior	2:47.51	Valley
19.	Tim Iverson	Dubuque Senior	2:56.34	Valley
20.	Ben Niemer	Dubuque Hempstead	3:07.81	Valley
		Cedar Falls	No entries	Valley
		Cedar Rapids Jefferson	No entries	Mississippi
		Cedar Rapids Jefferson	No entries	Mississippi
		Cedar Rapids Jefferson	No entries	Mississippi
		Cedar Rapids Kennedy	No entries	Valley
		Cedar Rapids Kennedy	No entries	Valley
		Cedar Rapids Kennedy	No entries	Valley
		Cedar Rapids Prairie	No entries	Valley
		Cedar Rapids Washington	No entries	Valley
		Cedar Rapids Xavier	No entries	Mississippi
		Dubuque Hempstead	No entries	Valley
		Dubuque Senior	No entries	Valley
		Dubuque Wahlert	No entries	Mississippi
		Dubuque Wahlert	No entries	Mississippi
		Iowa City High	No entries	Valley
		Iowa City High	No entries	Valley
		Linn-Mar	No entries	Mississippi
		Linn-Mar	No entries	Mississippi
		Waterloo East	No entries	Mississippi
		Waterloo East	No entries	Mississippi
		Waterloo East	No entries	Mississippi
		Waterloo West	No entries	Mississippi



Mississippi Valley Conference

Men's Indoor Meet

UNI-Dome, Cedar Falls, Iowa

March 13, 2016

600 Meter Run

Place	Name	School	Time	Division
1.	Isaiah Arndorfer	Waterloo West	1:25.31	Mississippi
2.	Jeff Garbutt	Iowa City West	1:26.24	Mississippi
3.	Edwin Gehy	Cedar Rapids Prairie	1:27.97	Valley
4.	Chris Low	Iowa City West	1:28.11	Mississippi
5.	Caleb Kleman	Cedar Rapids Washington	1:29.80	Valley
6.	Brown	Iowa City High	1:30.21	Valley
7.	Maliek Vauce	Cedar Rapids Washington	1:31.01	Valley
8.	Mason Johnson	Cedar Rapids Prairie	1:31.15	Valley
9.	Schumm	Iowa City High	1:31.94	Valley
10.	Chen-You Wu	Iowa City West	1:33.84	Mississippi
11.	Luke Huedepohl	Cedar Rapids Prairie	1:34.34	Valley
12.	Dalton Closson	Cedar Falls	1:34.48	Valley
13.	Will Stecker	Cedar Rapids Kennedy	1:35.30	Valley
14.	Dawson Gibbons	Cedar Rapids Kennedy	1:38.15	Valley
15.	Syler Torrey	Waterloo West	1:42.66	Mississippi
16.	Nick Torrey	Dubuque Hempstead	1:44.68	Valley
17.	Collin Musicle	Cedar Rapids Xavier	1:45.50	Mississippi
18.	Scott McFadden	Waterloo West	1:45.70	Mississippi
19.	Bailey Voss	Cedar Rapids Kennedy	1:48.30	Valley
20.	Oletunde	Cedar Rapids Jefferson	1:50.07	Mississippi
21.	Brain Grimes	Dubuque Hempstead	1:51.56	Valley
22.	Brandon Closer	Dubuque Hempstead	1:52.51	Valley
23.	Nirangibagira	Cedar Rapids Jefferson	1:52.92	Mississippi
24.	Kraus	Iowa City High	1:54.95	Valley
25.	Muco	Cedar Rapids Jefferson	1:56.46	Mississippi
26.	Heinz	Waterloo East	2:05.55	Mississippi
		Cedar Falls	No entries	Valley
		Cedar Falls	No entries	Valley
		Cedar Rapids Washington	No entries	Valley
		Cedar Rapids Xavier	No entries	Mississippi
		Cedar Rapids Xavier	No entries	Mississippi
		Dubuque Senior	No entries	Valley
		Dubuque Senior	No entries	Valley
		Dubuque Senior	No entries	Valley
		Dubuque Wahlert	No entries	Mississippi
		Dubuque Wahlert	No entries	Mississippi
		Dubuque Wahlert	No entries	Mississippi
		Linn-Mar	No entries	Mississippi
		Linn-Mar	No entries	Mississippi
		Linn-Mar	No entries	Mississippi
		Waterloo East	No entries	Mississippi
	T. Feltz	Waterloo East	NT	Mississippi



Mississippi Valley Conference

Men's Indoor Meet

UNI-Dome, Cedar Falls, Iowa

March 13, 2016

4 x 100 Meter Relay

Place	Name	School	Time	Division
1.	A Team	Dubuque Hempstead	45.17	Valley
2.	A Team	Dubuque Senior	45.95	Valley
3.	A Team	Cedar Rapids Prairie	45.99	Valley
4.	A Team	Cedar Rapids Jefferson	46.00	Mississippi
5.	A Team	Cedar Falls	46.05	Valley
6.	A Team	Dubuque Wahlert	46.25	Mississippi
7.	A Team	Waterloo East	47.31	Mississippi
8.	A Team	Cedar Rapids Xavier	48.28	Mississippi
9.	A Team	Linn-Mar	48.48	Mississippi
10.	A Team	Cedar Rapids Kennedy	48.75	Valley
11.	B Team	Cedar Falls	48.81	Valley
12.	B Team	Dubuque Wahlert	49.34	Mississippi
13.	B Team	Cedar Rapids Kennedy	50.71	Valley
14.	A Team	Iowa City West	50.91	Mississippi
15.	B Team	Iowa City West	51.21	Mississippi
16.	B Team	Dubuque Hempstead	51.31	Valley
17.	A Team	Cedar Rapids Washington	51.34	Valley
18.	B Team	Waterloo East	51.52	Mississippi
19.	B Team	Linn-Mar	51.78	Mississippi
20.	B Team	Cedar Rapids Washington	52.44	Valley
21.	B Team	Cedar Rapids Prairie	53.71	Valley
22.	A Team	Waterloo West	53.98	Mississippi
		Cedar Falls	No entries	Valley
		Cedar Rapids Jefferson	No entries	Mississippi
		Cedar Rapids Jefferson	No entries	Mississippi
		Cedar Rapids Kennedy	No entries	Valley
		Cedar Rapids Prairie	No entries	Valley
		Cedar Rapids Washington	No entries	Valley
		Cedar Rapids Xavier	No entries	Mississippi
		Cedar Rapids Xavier	No entries	Mississippi
		Dubuque Hempstead	No entries	Valley
		Dubuque Senior	No entries	Valley
		Dubuque Senior	No entries	Valley
		Dubuque Wahlert	No entries	Mississippi
		Iowa City High	No entries	Valley
		Iowa City High	No entries	Valley
		Iowa City High	No entries	Valley
		Iowa City West	No entries	Mississippi
		Linn-Mar	No entries	Mississippi
		Waterloo East	No entries	Mississippi
		Waterloo West	No entries	Mississippi
		Waterloo West	No entries	Mississippi



Mississippi Valley Conference

Men's Indoor Meet

UNI-Dome, Cedar Falls, Iowa

March 13, 2016

4 x 400 Meter Relay

Place	Name	School	Time	Division
1.	A Team	Dubuque Wahlert	3:42.18	Mississippi
2.	A Team	Linn-Mar	3:44.81	Mississippi
3.	A Team	Cedar Rapids Jefferson	3:44.97	Mississippi
4.	A Team	Cedar Rapids Kennedy	3:46.94	Valley
5.	A Team	Cedar Falls	3:47.84	Valley
6.	A Team	Waterloo East	3:52.39	Mississippi
7.	A Team	Dubuque Senior	3:55.77	Valley
8.	B Team	Dubuque Hempstead	3:56.13	Valley
9.	A Team	Iowa City West	3:56.74	Mississippi
10.	A Team	Cedar Rapids Prairie	3:58.84	Valley
11.	B Team	Iowa City West	3:59.14	Mississippi
12.	B Team	Cedar Rapids Jefferson	4:00.28	Mississippi
13.	A Team	Dubuque Hempstead	4:00.55	Valley
14.	B Team	Cedar Rapids Prairie	4:03.40	Valley
15.	B Team	Dubuque Senior	4:06.19	Valley
16.	C Team	Iowa City West	4:07.78	Mississippi
17.	A Team	Waterloo West	4:08.00	Mississippi
18.	A Team	Iowa City High	4:09.43	Valley
19.	C Team	Dubuque Senior	4:09.59	Valley
20.	B Team	Cedar Rapids Kennedy	4:10.87	Valley
21.	B Team	Dubuque Wahlert	4:11.39	Mississippi
22.	C Team	Cedar Rapids Prairie	4:15.70	Valley
23.	B Team	Waterloo West	4:23.34	Mississippi
24.	B Team	Linn-Mar	4:25.26	Mississippi
25.	C Team	Dubuque Hempstead	4:26.35	Valley
26.	B Team	Waterloo East	4:30.78	Mississippi
27.	B Team	Iowa City High	4:31.52	Valley
28.	C Team	Linn-Mar	4:35.19	Mississippi
29.	C Team	Iowa City High	4:41.60	Valley
		Cedar Falls	No entries	Valley
		Cedar Falls	No entries	Valley
		Cedar Rapids Jefferson	No entries	Mississippi
		Cedar Rapids Kennedy	No entries	Valley
		Cedar Rapids Washington	No entries	Valley
		Cedar Rapids Washington	No entries	Valley
		Cedar Rapids Washington	No entries	Valley
		Cedar Rapids Xavier	No entries	Mississippi
		Cedar Rapids Xavier	No entries	Mississippi
		Cedar Rapids Xavier	No entries	Mississippi
		Dubuque Wahlert	No entries	Mississippi
		Waterloo East	No entries	Mississippi
		Waterloo West	No entries	Mississippi



Mississippi Valley Conference

Men's Indoor Meet

UNI-Dome, Cedar Falls, Iowa

March 13, 2017

High Jump

Place	Name	School	Height	Division
1.	J. Sams-Merriether	Iowa City West	6' 4"	Mississippi
2.	J. Clark	Waterloo East	6' 2"	Mississippi
3.	M. Abbas	Cedar Falls	5' 8"	Valley
4.	Blake Esker	Linn-Mar	5' 8"	Mississippi
4.	Trey Hutcheson	Linn-Mar	5' 8"	Mississippi
6.	Fuller	Cedar Rapids Prairie	5' 8"	Valley
7.	J. Miller	Dubuque Hempstead	5' 8"	Valley
8.	Waikel	Iowa City High	5' 8"	Valley
9.	D. Reyes	Waterloo East	5' 6"	Mississippi
10.	N. Kacsbauer	Dubuque Hempstead	5' 6"	Valley
11.	Firmstone	Iowa City High	5' 4"	Valley
12.	P. Cory	Cedar Rapids Kennedy	5' 4"	Valley
13.	C. Loecher	Cedar Falls	5' 2"	Valley
13.	C. Ford	Waterloo East	5' 2"	Mississippi
15.	Jared Weber	Dubuque Wahlert	5' 2"	Mississippi
16.	S. Harrison	Cedar Rapids Kennedy	5' 2"	Valley
16.	M. Adams	Cedar Rapids Kennedy	5' 2"	Valley
	J. Smith	Cedar Rapids Prairie	NH	Valley
	A. Frambach	Dubuque Hempstead	NH	Valley
	Joe Maddux	Dubuque Senior	NH	Valley
		Cedar Falls	no entry	Valley
		Cedar Rapids Jefferson	no entry	Mississippi
		Cedar Rapids Jefferson	no entry	Mississippi
		Cedar Rapids Jefferson	no entry	Mississippi
		Cedar Rapids Prairie	no entry	Valley
		Cedar Rapids Washington	no entry	Valley
		Cedar Rapids Washington	no entry	Valley
		Cedar Rapids Washington	no entry	Valley
		Cedar Rapids Xavier	no entry	Mississippi
		Cedar Rapids Xavier	no entry	Mississippi
		Cedar Rapids Xavier	no entry	Mississippi
		Dubuque Senior	no entry	Valley
		Dubuque Senior	no entry	Valley
		Dubuque Wahlert	no entry	Mississippi
		Dubuque Wahlert	no entry	Mississippi
		Iowa City High	no entry	Valley
		Iowa City West	no entry	Mississippi
		Iowa City West	no entry	Mississippi
		Linn-Mar	no entry	Mississippi
		Waterloo West	no entry	Mississippi
		Waterloo West	no entry	Mississippi
		Waterloo West	no entry	Mississippi



Mississippi Valley Conference

Men's Indoor Meet

UNI-Dome, Cedar Falls, Iowa

March 13, 2017

Long Jump

Place	Name	School	Distance	Division
1.	C. Todd	Waterloo West	20' 5"	Mississippi
2.	Danny McDermott	Dubuque Wahlert	20' 2"	Mississippi
3.	C. Eagan	Cedar Falls	19' 9"	Valley
4.	Ezeke Leggins	Cedar Rapids Jefferson	19' 8"	Mississippi
5.	J. Miller	Dubuque Hempstead	19' 8"	Valley
6.	Riggins	Cedar Rapids Prairie	19' 7"	Valley
7.	Jaidyn Williams	Linn-Mar	19' 2"	Mississippi
8.	Lenius	Waterloo West	19' 0"	Mississippi
9.	Z. Packingham	Cedar Rapids Kennedy	18' 6"	Valley
10.	Noah Vawter	Cedar Rapids Jefferson	18' 0"	Mississippi
11.	J. Williams	Iowa City West	18' 0"	Mississippi
12.	J. Behnke	Dubuque Hempstead	18' 0"	Valley
13.	Love	Waterloo West	17' 10"	Mississippi
14.	L. Hoag	Cedar Falls	17' 9"	Valley
15.	C. Hendred	Cedar Rapids Kennedy	17' 7"	Valley
16.	J. Campbell	Cedar Falls	17' 6"	Valley
17.	Waikel	Iowa City High	17' 6"	Valley
18.	Dooley	Cedar Rapids Prairie	17' 3"	Valley
19.	Brian Cochran	Dubuque Wahlert	16' 10"	Mississippi
20.	Swart	Cedar Rapids Prairie	16' 9"	Valley
21.	Colby Roskup	Linn-Mar	16' 6"	Mississippi
22.	Firmstone	Iowa City High	16' 6"	Valley
23.	Ford	Waterloo East	16' 5"	Mississippi
24.	J Steburg	Iowa City West	16' 4"	Mississippi
25.	Jackson Edwards	Linn-Mar	16' 3"	Mississippi
26.	M. Adams	Cedar Rapids Kennedy	15' 10"	Valley
27.	Zach Moore	Cedar Rapids Washington	15' 9"	Valley
28.	R. Sartan	Iowa City West	15' 8"	Mississippi
29.	Sykes	Waterloo East	15' 8"	Mississippi
30.	Leopold	Iowa City High	15' 6"	Valley
31.	D. Welton	Dubuque Hempstead	15' 5"	Valley
32.	James Baugh	Cedar Rapids Jefferson	15' 0"	Mississippi
33.	Drew Watters	Dubuque Wahlert	14' 10"	Mississippi
		Cedar Rapids Washington	no entry	Valley
		Cedar Rapids Washington	no entry	Valley
		Cedar Rapids Xavier	no entry	Mississippi
		Cedar Rapids Xavier	no entry	Mississippi
		Cedar Rapids Xavier	no entry	Mississippi
		Dubuque Senior	no entry	Valley
		Dubuque Senior	no entry	Valley
		Dubuque Senior	no entry	Valley
		Waterloo East	no entry	Mississippi



Mississippi Valley Conference

Men's Indoor Meet

UNI-Dome, Cedar Falls, Iowa

March 13, 2017

Shot Put

Place	Name	School	Distance	Division
1.	Jackson Corker	Cedar Rapids Kennedy	58' 8"	Valley
2.	Nick Joens	Waterloo West	50' 11"	Mississippi
3.	Jackson Lestikow	Cedar Falls	48' 1"	Valley
4.	Jack Roussel	Dubuque Hempstead	46' 5"	Mississippi
5.	Andrew Sandvold	Cedar Falls	45' 11"	Valley
6.	Brenden Calussen	Waterloo West	45' 4"	Mississippi
7.	Keegan Larson	Cedar Falls	44' 6"	Valley
8.	Sam Pape	Cedar Rapids Kennedy	44' 4"	Valley
9.	Kennon Stewart	Cedar Rapids Jefferson	44' 2"	Valley
10.	Justin Johnson	Cedar Rapids Kennedy	44' 0"	Valley
11.	Josh Volk	Cedar Rapids Xavier	43' 11"	Mississippi
12.	Axel M.	Cedar Rapids Jefferson	42' 9"	Valley
13.	Daniel Everts	Cedar Rapids Jefferson	42' 5"	Valley
14.	Dino Onyeukwu	Dubuque Wahlert	42' 2"	Valley
15.	Daylon Canty	Linn-Mar	42' 0"	Valley
16.	Alex Lahmon	Linn-Mar	41' 6.5"	Valley
17.	Tom Adolph	Iowa City West	39' 9"	Valley
18.	Stephen Blasch	Dubuque Hempstead	39' 9"	Mississippi
19.	Rory Larsen	Dubuque Senior	39' 9"	Valley
20.	Evan Van Vleck	Dubuque Senior	39' 0"	Valley
21.	Kadar Harrington	Waterloo East	38' 2"	Mississippi
22.	Enutifa Gamia	Iowa City West	38' 1"	Valley
23.	Spence Goerd	Dubuque Wahlert	37' 10"	Valley
24.	Howard	Iowa City High	37' 6"	Mississippi
25.	Keegan Gebke	Dubuque Senior	37' 2"	Valley
26.	Mitchell Miller	Dubuque Wahlert	37' 1"	Valley
27.	Nathan Daniels	Iowa City West	36' 6.5"	Valley
28.	Brenden Burka	Waterloo West	36' 5"	Mississippi
29.	Tim Gronav	Dubuque Hempstead	35' 7"	Mississippi
30.	Kaden Schilling	Cedar Rapids Prairie	35' 2"	Mississippi
31.	Harberts	Iowa City High	34' 10"	Mississippi
32.	Ethan Hurkett	Cedar Rapids Xavier	34' 10"	Mississippi
33.	Gicazel	Iowa City High	34' 6"	Mississippi
34.	Brody Card	Waterloo East	34' 1"	Mississippi
35.	Nick Abouassaly	Linn-Mar	33' 6"	Valley
36.	Lakey Martin	Waterloo East	32' 0"	Mississippi
37.	Brody Joens	Cedar Rapids Prairie	29' 0"	Mississippi
38.	Joe Drahozal	Cedar Rapids Xavier	28' 10.5"	Mississippi
39.	Dylan Myers	Cedar Rapids Prairie	28' 1"	Mississippi
		Cedar Rapids Washington	no entry	Mississippi
		Cedar Rapids Washington	no entry	Mississippi
		Cedar Rapids Washington	no entry	Mississippi