

MVC Championships 5/2/19
Varsity & Freshmen/Sophomore Division

Shot Put	Hamilton	Rosenow	Spencer	Friday
Result	44-08.5	39-03.75	36-00.75	36--02
Place	7th	12th	8th F/S	7th F/S

Discus	Sherod	Hamilton	Bradford	Goodrich
Result	148-09	130-05	114-07	107-04
Place	2nd	8th	6th F/S	9th F/S

Long Jump	Jack	Pongo	J Aschenbrenner
Result	21-01.25	18-06	18-00.5
Place	2nd	1st F/S	4th F/S

High Jump	Te Williamson	Burtch	J Aschenbrenner	Larson
Result	6-00	5-08	5-06	NH
Place	4th	5th	5th F/S	

800 Medley	Jack	Deprenger	Harris	D Brown	Team Time	Place
Split	11.39	10.97	22.45	49.79	1:34.92	1st
	Tan	Svoboda	Michelson	Turnbough	Team Time	Place
Split	12.98	11.69	25.15	57.03	1:47.77	5th F/S

3200	Threlkeld-Wiegand	Wilkes	Max	Dunnwald
Time	10:04.79	10:13.22*	10:46.15	10:51.87*
Place	7th	8th	5th F/S	6th F/S

4x800	Kabat	Fischer	McMillan	Shabani	Team Time	Place
Split	2:04.96*	2:03.28*	2:07.36*	2:05.46*	8:21.58	1st
	Ostby	L Smith	Hall	Provorse	Team Time	Place
Split	2:07.95*	2:08.51*	2:13.75*	2:18.20*	8:48.48	1st F/S

SHR	Leopold	J Aschenbrenner	Te Williamson	Vogelgesang	Team Time	Place
Split	14.69	15.75	15.59	15.83	1:01.93	3rd
	Larson	Chea	De Brown	Freeman	Team Time	Place
Split					DQ	

100m	Deprenger	Ta Williamson	Lulinda	Svoboda
Time	11.47	11.68	11.96	12.80
Place	6th	10th	4th F/S	13th F/S

1600 Medley	Jack	Moore	Burtch	Maxwell	Team Time	Place
Split	23.33	24.80	54.84	2:05.24*	3:48.75	6th
	Tan	Larson	Pongo	Schaefer	Team Time	Place
Split	26.11	26.60	56.44	2:23.87	4:13.36	4th F/S

400m	Seaton	Taylor	Amisi	Codd
Time	FS	54.60*	56.16*	58.91*
Place		7th	4th F/S	9th F/S

4x200	Ta Williamson	Lulinda	Harris	Housson	Team Time	Place
Split	24.04	23.98	24.01	23.09	1:35.40	6th
	Tan	Svoboda	Michelson	Turnbough	Team Time	Place
Split	26.77	25.68	24.39	24.56	1:41.83	5th F/S

110 High Hurdles	Leopold	Te Williamson	J Aschenbrenner	Freeman
Time	15.14	16.55	16.15	19.35
Place	1st	9th	1st F/S	13th F/S

800m	D Brown	Threlkeld-Wiegand	Fischer	L Smith
Time	2:00.74	2:04.24*	2:05.81*	2:08.47*
Place	1st	5th	1st F/S	4th F/S

200m	Deprenger	Jack	Lulinda	Michelson
Time	23.32	23.15	25.32	24.71
Place	6th	5th	8th F/S	4th F/S

400 Hurdles	Ostby	Kabat	Larson	Freeman
Time	1:00.46	59.90	1:03.39	1:12.56
Place	9th	7th	4th F/S	11th F/S

1600m	O Jones	Taylor	Hall	McElroy
Time	4:40.05	5:05.48	4:49.96*	4:57.25
Place	6th	13th	1st F/S	5th F/S

4x100	Leopold	Housson	Lulinda	Te Will	Team Time	46.01	Place	8th
	Tan	Svoboda	Michelson	Turnbough	Team Time	49.29	Place	7th F/S

4x400	Leopold	Shabani	Seaton	Harris	Team Time	Place
Split	54.52	55.95	54.32	53.13	3:38.26	6th
	Spurgetis	Codd	Amisi	Turnbough	Team Time	Place
Split	55.96*	56.21*	55.50	57.37	3:45.08	2nd F/S

* = PR (personal record)

Team Scores (Varsity)

- 1) Western Dubuque - 165
- 2) Cedar Falls - 142
- 3) **City High - 105**
- 4) CR Prairie - 95
- 5) CR Washington - 91
- 6) Xavier - 57
- 7) DBQ Senior - 45
- 8) Waterloo East - 34

Team Scores (F/S)

- 1) Cedar Falls - 155
- 2) Western Dubuque - 144
- 3) **City High - 124**
- 4) CR Prairie - 99
- 5) DBQ Senior - 61
- 6) Xavier - 56
- 7) Waterloo East - 50
- 8) CR Washington - 28