

IATC State Indoor Championships – 3/7/24

Long Jump	Parlet
Result	21-10.5
Place	1st

High Jump	Madlock	Grant
Result	6-03	5-09
Place	1st	15th

Shot Put	Rindels	Etuma
Result	42-04.5	40-01
Place	18th	31st

Medley	Kaplan	Brown	Madlock	Palmberg	Team Time	Place
Split	22.72	24.66	50.75	2:06.26	3:44.39	DQ

4x800	McDowell	McRoberts	Carey	Randall	Team Time	Place
Split	2:06.05	2:09.58	2:27.02	2:07.70	8:50.79	17th

60m Hurdles prelims	Washpun	Roe
Time	8.64	9.20
Place	9th	27th

1600m	G. Karr
Time	4:36.03
Place	15th

200m	Madlock
Time	23.55
Place	16th

SHR	Washpun	Kaplan	Grant	Roe	Team Time	Place
Split	8.25	8.46	8.77	8.71	34.59	6th

4x100	Kaplan	Brown	Wright	Parlet	Team Time	44.65	Place	13th
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4x400	Kaplan	Washpun	Carbajal	Madlock	Team Time	Place
Split	52.90	55.74	54.71	52.00	3:36.92	12th

Highlighted name = PR (personal record)

Congratulations to Jeremiah Madlock (High Jump) and Miles Parlet (Long Jump). They are IATC Indoor State Champions! Great effort by everyone, 18 PR on the day! We were one point away from a top ten finish and we had a number of learning moments throughout the day. **It's Always A Great Day To Be A Little Hawk!**

Team Scores

1. Ankeny - 81
2. Dowling Catholic - 50
3. Johnston - 42
3. Waukee Northwest - 42
5. Iowa City West - 39
6. Cedar Rapids Kennedy - 33
7. Waterloo West - 29
8. Cedar Falls - 26
9. West Des Moines Valley - 25
10. Waukee - 24
- 11. City High - 23**
12. Sioux City North - 20
13. Cedar Rapids Prairie - 19
13. Ankeny Centennial - 19
15. Iowa City Liberty - 17
16. Mason City - 14
17. Dallas Center-Grimes - 13
18. Sioux City East - 12
19. Southeast Polk - 11
20. Norwalk - 10
21. Urbandale - 8
21. Linn Mar - 8
23. Ames - 5
24. Des Moines Roosevelt - 4
24. Indianola - 4
26. Pleasant Valley - 3
26. Des Moines Lincoln - 3