

Hi Covey - 4/12/22

Shot Put	McDaniels	Friday	E. Goodrich	A. Goodrich
Result	53-06	47-11.5		
Place	1st	3rd		

Discus	McDaniels	Friday	E. Goodrich	A. Goodrich
Result	148-11	123-06		
Place	2nd	9th		

Long Jump		Major		A. Rindels
Result		21-06		19-04
Place		3rd		7th

High Jump		Schaeckenbach		D. Brown
Result		6-04		5-04
Place		1st		9th

800 Medley	S. Rew	M. Rew	Svoboda	S. Schaefer	Team Result	Place
Split	x	x	22.75	52.94	1:38.87	1st
	S. Brown	H. Nguyen	Bzibziak	Rohr	Team Result	Place
Split	x	x	25.13	56.94	1:47.49	4th JV

3200m	Thompson	Marker	Bywater	Dickson
Result	9:54.09	11:09.37	11:14.32	12:25.13
Place	1st	4th		

4x800	Amisi	VanderLinden	Max	Cooper	Team Result	Place
Split	2:12.17	2:18.59	2:15.45	2:17.66	9:04.25	4th
	Seamans	Le	Zawojewski	Ackerman	Team Result	Place
Split	2:22.34	2:23.13	2:23.96	2:20.10		

SHR	Schaeckenbach	A. Rindels	Moore	Kaplan	Team Result	Place
Split	15.25	14.63	16.90	15.55	1:02.64	1st

100m	Major	Tan	Newton	S. Brown
Result	11.26	11.58	11.75	13.11
Place	4th	7th	4th JV	10th JV

1600 Medley	Svoboda	M. Rew	Larson	S. Schaefer	Team Result	Place
Split	23.99	22.94	56.45	2:08.67	3:52.71	3rd

400m	Thompson	Amisi	Marker	Leopold
Result	52.28	53.43	1:01.77	1:01.98
Place	1st	2nd	9th JV	10th JV

4x200	S. Rew	Newton	Major	Harris	Team Result	Place
Split	23.84	23.21	22.42	20.93	1:30.73	2nd
	S. Brown	H. Nguyen	D. Brown	Makawi	Team Result	Place
Split	27.24	25.91	23.31	24.41	1:40.87	5th JV

110 High Hurdles	Schaeckenbach	A. Rindels	Kaplan	Moore
Result	15.24	15.57	16.62	17.39
Place	1st	2nd	1st JV	2nd JV

800m	Washburn	Smith	Keita	Max
Result	1:57.79	1:59.31	2:15.02	2:16.77
Place	1st	2nd	1st JV	3rd JV

200m	Tan	Larson	Newton	Makawi
Result	24.29	24.69	24.73	25.86
Place	5th	7th	3rd JV	5th JV

400 Hurdles	Harris	Schaeckenbach
Result	55.30	56.52
Place	1st	2nd

1600m	Sarsfield	A. Noreldaim
Result	4:58.03	5:03.86
Place	5th	8th

4x100	S. Rew	M. Rew	Major	Tan	Team Result	43.29	Place	1st
-------	--------	--------	-------	-----	-------------	-------	-------	-----

4x400	Amisi	S. Schaefer	Smith	Washburn	Team Result	Place
Split	53.39	55.92	52.62	52.87	3:35.31	2nd

Highlighted name = PR (personal record)

Highlighted name = SB (season best)

Team Scores

1. City High - 203
2. Cedar Rapids Kennedy - 134
3. Southeast Polk - 124
4. Ankeny Centennial - 108
5. Ames - 67
6. Aplington-Parkersburg - 56
7. Des Moines Hoover - 32

The Shuttle Hurdle Relay is now #8 all-time at City High

Jovan Harris is now #9 all-time at City High in the 400 hurdles

The 800 Medley is now #9 all-time at City High

Matt Schaeckenbach is now #16 all-time at City High in the High Jump

Ford Washburn is now #17 all-time at City High in the 800m