

### Forwald Relays 4/20/17

<b>LJ</b>	Milder	Sila		<b>HJ</b>	Waikel	Mfirm			
Result	18-09	18-04		Result	5-06	5-04			
Place	6th	9th		Place	9th	10th			
<b>Discus</b>	Runge	Sherod		<b>Shot</b>	Runge	Ring			
Result	102-03	120-02		Result	40-06.5	39-07			
Place	13th	10th		Place	11th	12th			
<b>SMR</b>	Milder	Thompson	Deprenger	Kabat	Time	Place			
Split			23.17	54.68	1:42.02	6th			
<b>3200</b>	Berg	Dodge	RTW	<b>100</b>	Dillon	Steele	<b>400</b>	Z Jones	Roggeveen
Time	9:41.50	9:57.53	10:15.63	Time	11.39	14.04	Time	49.93	53.57
Place	3rd	5th	9th	Place	4th	16th	Place	2nd	6th
<b>4x800</b>	Brown	McMillan	LFirm	Ji Mom	Time	Place			
Split	2:00.45	1:59.58	2:05.55	2:04.71	8:10.83	2nd			
<b>SHR</b>	Z Jones	Leopold	Kimber	Thompson	Time	Place			
Split	14.60	15.78	15.15	14.50	1:00.36	4th			
<b>Medley</b>	Kimber	Ji Mom	LFirm	Lucas	Time	Place			
Split	23.89	23.97	51.58	2:07.91	3:48.54	4th			
<b>4x200</b>	Africa	Deprenger	RMoore	GMoore	Time	Place	<b>110HH</b>	Thompson	Leopold
Split	25.87	23.99	25.33	23.68	1:39.23	7th	Time	15.62	INJ
<b>800</b>	McMillan	Ji Mom	<b>200</b>	Dillon	Doucoure		Place	6th	
Time	1:59.86	2:07.74	Time	23.42	27.20		<b>400 H</b>	Deprenger	Kabat
Place	2nd	8th	Place	6th	15th		Time	61.89	61.66
<b>1600</b>	Berg	Dodge	Taylor				Place	11th	10th
Time	4:46.21	4:35.84	4:48.63						
Place	15th	7th	16th						
<b>4x100</b>	Z Jones	Rodney	Thompson	Dillon	Time	44.19	Place	4th	
<b>4x400</b>	Brown	Z Jones	LFirm	Roggeveen	Time	Place			
Split	52.02	49.42	51.86	51.60	3:25.26	3rd			

