

Eastern Iowa T&F Festival - 4/13/24

Shot Put	Mensah
Result	40-09
Place	19th

Discus	Davis
Result	135-01
Place	12th

Long Jump	Washpun
Result	21-09
Place	2nd

High Jump	Kane
Result	5-04
Place	12th

800 Medley	Holmes	Coakley	Kniss	Heick	Team Time	Place
Split	X	X	22.76	52.56	1:38.35	4th

3200m	McRoberts	Noble
Time	9:54.19	10:30.19
Place	4th	12th

4x800	Palmberg	Randall	G. Karr	McDowell	Team Time	Place
Split	2:02.13	2:05.38	2:01.56	1:59.91	8:09.20	4th

SHR	Kaplan	Roe	Kane	Washpun	Team Time	Place
Split	15.28	14.69	16.03	15.36	1:01.48	2nd

100m	AJ Wright	M. Parlet
Time	11.11	11.26
Place	3rd	6th

1600 Medley	Brown	Coakley	Heick	Platte	Team Time	Place
Split	23.37	24.95	56.85	2:05.54	3:51.33	6th

4x200	Madlock	P. Kaplan	AJ Wright	M. Parlet	Team Time	Place
Split	22.53	22.11	21.67	21.92	1:28.80	2nd

110 High Hurdles	Washpun	Roe
Time	15.44	16.00
Place	1st	5th

800m	G. Karr
Time	2:05.63
Place	9th

200m	Kniss
Time	24.16
Place	8th

1600m	Randall
Time	4:43.83
Place	18th

4x100	Holmes	AJ Wright	Brown	Cross	Team Time	44.76	Place	9th
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4x400	Madlock	P. Kaplan	Washpun	M. Parlet	Team Time	Place
Split	50.73	53.08	55.65	55.15	3:34.60	8th

Highlighted Name = PR (personal record)

*4x200 runs a Drake Relays Blue Standard and is now #16 all-time in City High history

No Team Scores were kept for this meet