

District Championships 5/11/23

Shot Put	Ford	M. Etuma
Result	48-00	46-09
Place	5th	6th

Discus	M. Etuma	T. Rindels
Result	155-01	133-09
Place	2nd	6th

Long Jump	Benton	Major
Result	21-01	21-00.5
Place	2nd	3rd

High Jump	Schaeckenbach	Benton
Result	6-06	5-10
Place	1st	4th

800 Medley	Kaplan	S. Rew	Cross	Madlock	Team Time	Place
Split	X	X	22.31	49.41	1:34.29	2nd

3200m	Washburn	Carey
Time	9:45.62	9:49.74
Place	1st	3rd

4x800	A. Noreldaim	G. Karr	Thompson	Washburn	Team Time	Place
Split	1:57.65	2:07.16	1:59.29	1:59.72	8:04.35	1st

SHR	Schaeckenbach	Washpun	Roe	A. Rindels	Team Time	Place
Split	14.27	15.16	15.56	14.38	59.84	2nd

100m	Holmes
Time	11.61
Place	6th

1600 Medley	S. Rew	Major	Thompson	A. Noreldaim	Team Time	Place
Split	22.95	21.95	52.52	1:53.86	3:32.10	1st

400m	Carey	Byler
Time	53.36	55.95
Place	5th	10th

4x200	Madlock	Brown	S. Rew	Major	Team Time	Place
Split	22.63	22.52	22.21	20.79	1:29.18	2nd

110 High Hurdles	Schaeckenbach	A. Rindels
Time	14.71	15.17
Place	2nd	4th

800m	Smith	Thompson
Time	1:56.09	1:56.85
Place	1st	2nd

200m	Holmes
Time	23.91
Place	9th

400m Hurdles	Schaeckenbach	Cross
Time	54.78	57.67
Place	1st	4th

1600m	Washburn	Smith
Time	4:19.62	4:22.80
Place	1st	3rd

4x100	Brown	Major	Kaplan	S. Rew	Team Time	43.21	Place	2nd
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4x400	A. Noreldaim	Smith	Madlock	Thompson	Team Time	Place
Split	50.55	51.21	49.84	50.43	3:22.81	1st

Highlighted name = PR (personal record)

- Shuttle Hurdle Relay broke the school record set in 2021
- 800 Medley is now #4 all-time at City High
- Shamar Benton is now #20 all-time in the long jump at City High

Team Scores

1. City High - 194
2. Pleasant Valley - 143
3. North Scott - 120
4. Bettendorf - 101
5. Davenport Central - 50
6. Davenport North - 46
7. Burlington - 43
8. Davenport West - 41

State Automatic Qualifiers

Discus - Michael Etuma
Long Jump - Shamar Benton
High Jump - Matt Schaeckenbach
800 Medley
3200m - Ford Washburn
4x800
Shuttle Hurdle Relay
1600 Medley
4x200
110 High Hurdles - Matt Schaeckenbach
800m - Ammon Smith & Truman Thompson
400 Hurdles - Matt Schaeckenbach
1600m - Ford Washburn
4x100
4x400

At-Large Qualifiers

Long Jump - Ronnie Major
Shot Put - Jaylyn Ford
3200m - Noah Carey
1600m - Ammon Smith
110 High Hurdles - Austin Rindels