

Demon Indoor
3/9/18

Shot Put	Runge	Rosenow	Stewart
Result	47-08	38-10	39-00
Place	4th	38th	35th

High Jump	J Aschenbrenner*	Te. Williamson*
Result	5-08	5-10
Place	13th	7th

Long Jump	Lo. Smith*
Result	17-01.5
Place	14th

60m Hurdles	Milder	Carter
Time	9.82	9.62
Place	26th	22nd

60m	Foster	Ta. Williamson
Time	7.37Q/7.28F	7.77
Place	5th	31st

4x800

D Brown	Rethwisch	Ji Momberg	Firmstone
2:06.87	2:01.73	2:02.05	2:08.88
Time	8:19.91	Place	1st
RTW	J Brown*	Hotka*	Fischer*
2:07.17	2:11.38	2:22.19	2:24.76
Time	9:04.84	Place	12th

200	Z Jones	Hunger
Time	23.83	26.59
Place	4th	43rd

400	Z Jones	Traore
Time	51.80	58.46
Place	1st	14th

1600	RTW	Shabani
Time	4:47.05	5:12.09
Place	5th	29th

Medley

Hunger	Lo Smith	Carter	Taylor*
25.12	25.78	58.09	2:22.76
Time	4:13.75	Place	18th

4x400

Milder	Traore	Ta Williamson	Firmstone
58.20	57.42	59.49	54.13
Time	3:49.68	Place	9th

1600 Splits

RTW	68	70	73	72
OS	69	75	81	85

*= PR (personal record)

Zach Jones is now 7th all-time at City High in the indoor 400