

**Assumption Invitational - 4/6/24**

<b>Shot Put</b>	Shinkunas	Holst
Result	33-07	30-08
Place	21st	24th

<b>Discus</b>	Shinkunas	<b>Holst</b>
Result	115-10	108-03
Place	14th	17th

<b>High Jump</b>	<b>Kane</b>
Result	5-08
Place	6th

<b>Long Jump</b>	<b>Mhoon-Lopez</b>
Result	18-04.25
Place	14th

<b>800 Medley</b>	S. Parlet	Vera	Carbajal		Team Time	Place
Split	X	X			1:47.63	13th

<b>3200m</b>	W. Karr	<b>Beerends</b>
Time	11:05.25	11:09.28
Place	8th	9th

<b>4x800</b>	<b>Carey</b>	Noreldaim	Schaefer	Balmer	Team Time	Place
Split	2:18.90	2:13.14	2:12.39	2:22.20	9:07.36	5th
	Gahn	Locher	Dixon	<b>Van Vang</b>	Team Time	Place
Split	2:32.20	2:30.80	2:35.50	2:43.00	10:22.93	4th JV

<b>SHR</b>	Whittaker	Kane	Carbajal	Hartwig	Team Time	Place
Split					1:11.14	7th

<b>100m</b>	<b>Krause</b>	<b>Vera</b>
Time	13.55	13.65
Place	27th	28th

1600 Medley	Falk	Vera	Mhoon-Lopez	W. Karr	Team Time	Place
Split	24.20	28.30	1:02.80	2:22.50	4:18.83	10th

400m	Dixon			Van Vang
Time	1:03.60			1:09.63
Place	25th			28th

4x200	Hartwig	Carbajal	S. Parlet	Mhoon-Lopez	Team Time	Place
Split					DQ	

110 High Hurdles	Whittaker			Kane
Time	18.09			18.18
Place	14th			15th

800m	Beerends			Noreldaim
Time	2:10.84			2:16.27
Place	6th			10th

200m				Maass
Time	28.56			28.82
Place	25th			26th

400m Hurdles				Falk
Time				1:09.63
Place				17th

1600m	Schaefer			Degner
Time	4:54.93			5:05.07
Place	3rd			6th

4x100	Vera	S. Parlet	Mhoon-Lopez	London	Team Time	DQ	Place	
	Hartwig	Kane	Maass	Krause	Team Time	51.84	Place	10th

4x400	Noreldaim	Carey	Balmer	W. Karr	Team Time	Place
Split	57.76	1:04.55	1:04.55	1:04.71	4:12.20	12th

Highlighted name = PR (personal record)