

9/10 CRANDIC

Shot Put	Runge 38-09.75 SB	Greazel 31-03	Rosenow 32-02		
Discus	Runge 102-09	Greazel 77-01	Rosenow 77-10.5 SB		
HJ	Waikel 5-00	Burtch 5-04			
LJ	Waikel 15-08.5	Burtch 16-11			
4x800	Brands 2:08.92 PR	Usachev 2:10.31 PR	Jo Momberg 2:15.74	Parr 2:14.16	Time 8:49.60
3200	Shabani 11:13.70	Anderson 11:52.06	Fletcher 12:18.38	Thomas 11:04.95 PR	
SHR	Deprenger 16.75	Milder 16.90	R Moore 16.52 PR	Kimber 16.48	Time 1:07.05
100	Estremera 12.10	Roggy 13.75 PR			
400	Parr 56.73 PR	Traore 55.32 PR	Usachev 60.42		
4x200	Mueller 27.07	Greimann 27.02	R Moore 26.06 PR	Deprenger 25.17 PR	Time
110 HH	Kimber 17.52	Milder 18.02			
1600	Shabani 5:12.56	Jones 5:21.88 PR	Jo Momberg 5:16.76	Maxwell 5:26.38	
200	Estremera 25.99	Roggy 29.84 PR			
400 H	Deprenger 64.20	R Moore 64.63			
Medley	Mueller 26.89	Greimann 26.83	Thomas 59.28 PR	Cochran 2:18.17 PR	Time 4:11.57
800	RTW 2:06.89	Brown 2:06.32 PR	Brands 2:10.71 PR		

4x100	Kimber	Deprenger	Milder	Estremera	Time 47.80
4x400	Traore 55.69	Brown 59.85	RTW 59.78	Brands 60.76	Time 3:56.41

Congratulations to the athletes that PR'ed last night. It was good experience for you all to compete in warmer weather. It makes you realize how important it is to be hydrated and willing to take whatever nature throws at you. We competed well as a team, and the coaching staff wants to thank the athletes who competed for the last time tonight this season. Your contributions to City High T&F are very much appreciated. We hope you enjoyed your season, and can't wait to work with you again next season. Go City!